



Advanced Yoga Practices

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The guru is in you.

Yogani

www.advancedyogapractices.com

Tantra

Discovering the Power
of
Pre-Orgasmic Sex

Yogani

From The AYP Enlightenment Series

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Further Reading and Support

Yogani is an American spiritual scientist who, for more than thirty years, has been integrating ancient techniques from around the world which cultivate human spiritual transformation. The approach he has developed is non-sectarian, and open to all. In the order published, his books include:

Advanced Yoga Practices – Easy Lessons for Ecstatic Living

A large user-friendly textbook providing 240 detailed lessons on the AYP integrated system of yoga practices.

The Secrets of Wilder – A Novel

The story of young Americans discovering and utilizing actual secret practices leading to human spiritual transformation.

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Easy-to-read instruction books on yoga practices, including:

Deep Meditation – Pathway to Personal Freedom

Spinal Breathing Pranayama – Journey to Inner Space

Tantra – Discovering the Power of Pre-Organismic Sex

Asanas, Mudras & Bandhas – Awakening Ecstatic Kundalini (Due out second half 2006)

Samyama – Cultivating Stillness in Action (Due out second half 2006)

Additional *AYP Enlightenment Series* books are planned...

For up-to-date information on the writings of Yogani, and for the free *AYP Support Forums*, please visit:

www.advancedyogapractices.com

Tantra - Discovering the Power of Pre-Orgasmic Sex is a common-sense guide on how to utilize sexuality to complement a full-scope system of yoga practices.

Practical techniques are provided which enable both couples and solo practitioners to utilize the sexual response to cultivate ecstatic energy to its highest levels of spiritual manifestation.

Finally, here is a no-nonsense book that takes the mystery out of sexuality and its relationship to yoga and the spiritual path.

Yogani is the author of two landmark books on the world's most effective spiritual practices: ***Advanced Yoga Practices – Easy Lessons for Ecstatic Living***, a comprehensive user-friendly textbook, and ***The Secrets of Wilder***, a powerful spiritual novel.

The AYP Enlightenment Series makes these profound practices available for the first time in a series of concise instruction books.

